












Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>L.I.F.E. ADULT MEDICAL DAY CARE</b>  <b>LUNCH MENU</b>			1 Tuna Salad Tuscan Bean Soup Buttered Carrots Potato Roll Mandarin Oranges	2 Hamburger Patty Green Beans Hamburger Bun Cantaloupe	3 Pepper Steak Rice Peas Wheat Bread Fruit Cocktail	4 
			5 	6 Split Pea Soup Turkey Salad Macaroni Salad Pumpnickel Bread Stewed Fruit	7 Coleslaw Italian Meatballs in Marinara Sauce Italian Blend Vegetables Hot Dog Bun Applesauce	8 Mandarin Oranges Lemon Pepper Chicken Dilled Carrots Rye Bread ADC Muffin
12 	13 BBQ Chicken Macaroni Salad Kale Wheat Bread Sliced Pears	14 MAC/HAM/CHEESE Green Beans Cornbread Pineapple Tidbits	15 BBQ Pork Ribette Cauliflower Sandwich Bun Sliced Peaches	16 Sliced Turkey Mashed Sweet Potatoes Peas Marbled Rye Bread ADC Muffin	17 Beef Stew  Large Biscuit  Strawberry Delight	18 
19 	20 Chicken Salad Green Beans Hot Dog Bun Mandarin Oranges	21 Meatloaf w/Gravy Mashed Potatoes Dilled Carrots Rye Bread ADC Muffin	22 Roast Beef/Gravy Mashed Potatoes Kale Wheat Bread -2 Pineapple Tidbits	23 Chicken Marsala Rice Oriental Blend Pumpnickel Bread Mixed Fruit Compote	24 Lentil Soup Seafood Salad Spinach Sandwich Roll Melon	25 
26 	27 Split Pea Soup Hamburger Patty Green Beans Sandwich Roll Pineapple Tidbits	28 Sliced Turkey w/Gravy Mashed Sweet Potatoes Steamed Cabbage Rye Bread-2 Mixed Fruit Compote	29 Mandarin Oranges  Stuffed Pepper  Wheat Bread – 2 Gelatin	30 Fresh Tomato Soup Tuna Salad Macaroni Salad Kale Wheat Bread Apricot Halves	31 Vegetable Orzo Salad Pulled Chicken BBQ Sandwich Roll Fruit Cocktail	<b>FOOD MENU PROVIDED BY OVERLEA CATERERS</b>  <b>MILK AND MARGARINE PROVIDED FOR EACH MEAL</b>